



***SYNCHRONIZED
SWIMMING***

IMAGINE.....

- THE STRENGTH OF A GYMNAST
- THE FLEXIBILITY OF A BALLERINA
- THE ENDURANCE OF A LONG-DISTANCE RUNNER
- THE SWIMMING ABILITY OF A SPEED SWIMMER

You have just imagined synchronized swimming. If you can picture yourself with these skills, please plan on registering for this beginner level synchronized swimming class conducted by the **Sioux Falls Cygnets Synchronized Swimming Team**. The classes will run on Tuesday evenings, October 25th, and November 1st, 8th and 15th from 6:00 to 7:15 pm at Augustana College Elmen Center. The cost of the class is \$40.00 for each swimmer, which includes nose clips.

To enroll in the class you must be a level 4 swimmer. If you have not had formal swim training, this means that you need to be comfortable swimming and treading water in the deep end. All swimmers will need a swimsuit, nose clips (we will provide), cap, and goggles.

www.siouxfallscygnets.com

If you have questions please call 336-1988 daytime or 336-1989 evenings.

To register, fill out the portion below and mail to:

Sioux Falls Cygnets
1517 S Minnesota Ave
Sioux Falls, SD 57105

or fax to: 336-1054
or email cnelson@nelsonandnelsoncpas.com
and bring payment to the first class

Parent Name: _____ Swimmer Name _____

Address _____ City _____

State _____ Zip _____ Phone _____ Birthdate _____

Please make checks payable to the Sioux Falls Cygnets

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